Dear Friends and Colleagues,

I am pleased to share the year Saint Louis University Cancer Center annual report. The report focuses on head and neck cancers.

Saint Louis University Hospital, SLUCare and the facilities of Saint Louis University work together in providing the region with advanced technology and expertise in diagnosing, staging and treating cancer. Our team is committed to providing excellence in patient care, education, research and prevention to the community. Our cancer care providers are committed to delivering the highest possible level of quality and care to our patients.

Community involvement is an integral part of the commitment to care at the Saint Louis University Cancer Center. Every year the physicians and staff participate in a variety of programs that help promote cancer research, combining the latest advances in research, prevention and education with individualized care.

With the combined effort of the Cancer Center team, many programs are available to help patients and families gain a positive perspective on their conditions. Programs such as the Korean Race for the Cure, Spanish Night, and Colc Kin — Fight better proton therapy and smoking cessation, cancer treatment classes, monthly “Show the Expert” programs and much more are offered through our Grand Vision Information Center to encourage our patients to educate and empower themselves and their families. Through these efforts, we have many new and exciting treatment options at the Cancer Center. Our 64-slice PET/CT scanner, a state-of-the-art breast system allows cutting-edge stereotactic radiosurgical treatment of breast cancer. Other programs and much more are offered through our Grand Vision Cancer Center for the Cure. These programs are available to help patients and families gain a positive perspective on their conditions. Our team is committed to providing excellence in patient care, education, research and prevention to the community. Our cancer care providers are committed to delivering the highest possible level of quality and care to our patients.

Community involvement is an integral part of the commitment to care at the Saint Louis University Cancer Center. Every year the physicians and staff participate in a variety of programs that help promote cancer research, combining the latest advances in research, prevention and education with individualized care.

With the combined effort of the Cancer Center team, many programs are available to help patients and families gain a positive perspective on their conditions. Programs such as the Korean Race for the Cure, Spanish Night, and Colc Kin — Fight better proton therapy and smoking cessation, cancer treatment classes, monthly “Show the Expert” programs and much more are offered through our Grand Vision Information Center to encourage our patients to educate and empower themselves and their families. Through these efforts, we have many new and exciting treatment options at the Cancer Center. Our 64-slice PET/CT scanner, a state-of-the-art breast system allows cutting-edge stereotactic radiosurgical treatment of breast cancer.

The Saint Louis University Cancer Center has expertise in diagnosing and treating cancers of the:
- Blood (hematologic/renal)
- Colon and rectum
- Kidney
- Lung
- Liver
- Esophagus
- Prostate
- Breast
- Brain and spine
- Skin
- Thyroid
- Head and neck
- Leukemia

Through collaborative efforts of our surgeons, hematologists, medical oncologists, radiation oncologists, and other members of the cancer care team, we are able to provide an environment of hope and healing to our patients with cancer.

If you have been referred to the Saint Louis University Cancer Center, it is our desire that this report provides a summary of your family’s care at our comprehensive facility. Although this report is necessarily an abbreviated review, we believe that it provides you with a clear understanding of the services provided, the care processes and the outcomes that were achieved during your period of care.

Lessons from Cancer

Educator, Ruth Brimmer, has learned a lot since she was diagnosed with cancer in 2003. Early in her battle, Ruth showed signs of what appeared to be sleep apnea. Unfortunately, her symptoms persisted and her voice began to change and thin. She went to Mark Varvares, MD, director and otolaryngologist at the Saint Louis University Cancer Center, for evaluation. After a thorough examination, Dr. Varvares diagnosed Ruth with stage IV esophageal cancer. With an individualized approach, Dr. Varvares presented Ruth with options on how she could undergo surgery to remove the cancer. Unfortunately, she could not undergo radiation. Ruth opted to undergo a plan of treatment that involved the mind, body and spirit.

Although Ruth had challenges during the treatment, she persisted. Ruth has returned to teaching her special education class, where she enjoys directly with the instructors and students. The support she received from her coworkers, family and friends helped provide strength through the treatment. Ruth is now cancer-free.

Ruth has returned to teaching her special education class, where she enjoys directly with the instructors and students. The support she received from her coworkers, family and friends helped provide strength through the treatment. Ruth is now cancer-free.

Mark finished radiation in March 2006 and chemotherapy in June 2006. He currently visits a multidisciplinary team using to evaluate the signs and symptoms of his disease. Mark has been fortunate to have strong support from his family, coworkers, church, friends and the Saint Louis University staff. If you stay positive and can gain support from friends, you can live your life just as before.

Mark has been in remission for several months. The 64-slice PET/CT scanner provides the University Hospital with unparalleled real-time imaging and diagnostic capabilities.

Saint Louis University Hospital is one of only two beta testing sites in the United States for the diagnostic equipment, making it the only hospital in a 500-mile radius to own and operate the powerful diagnostic equipment.

Mark has been in remission for several months.
commitment to health care and disease outcomes. A variety of clinical trials are available on the SLU Cancer Center website: http://cancercenter.slu.edu. Research seminars are held throughout the year and can be viewed in controlling DNA replication and transcription, just to name a few. Anatomical models to help understand the physical characteristics of cancer are available. We also offer a variety of classes designed especially for cancer patients, survivors and caregivers. Cancer treatment classes, yoga and smoking cessation classes are offered to help reduce risk factors and improve quality of life. Additional research is available through basic science studies such as those conducted by cancer researchers at the University of California, San Francisco. The Grand Vision Cancer Information Center is available to help people learn as much as possible about preventing cancer, and how to control with the diagnosis, treatment and side effects of the disease. For more information on any cancer-related program or community activities, contact the Grand Vision Cancer Information Center at 314-268-7059. CHARTING A COURSE TO CONTINUE

With a unique blend of advanced technologies and staff expertise, the Saint Louis University Cancer Center works to eradicate a disease that deeply affects our community.

Charitable giving to the Saint Louis University Cancer Center makes a difference in the lives of cancer patients. The benefits of giving have been clearly seen in the last 10 years as research and innovative technologies have helped reach new goals and save more lives than ever imagined. Last year, Saint Louis University researchers received $21 million in cancer-related federal funding. Your gifts help:

• Discover new ways to treat cancer
• Purchase advanced medical equipment
• Establish continuing education for our academic physicians
• Educate people about methods of cancer detection and prevention

Gifts to the Saint Louis University Cancer Center can be made:
• In honor or memory of a loved one
• By check or credit card
• Through gift annuities which can provide a lifetime income and substantial tax benefits

Your generous contribution to the Saint Louis University Cancer Center will help us realize our mission of providing superior scientific and therapeutic approaches for the prevention and treatment of cancer.

For more information on the Saint Louis University Cancer Center, call 314-268-7059.